



(724) 353-9000

FREE CHEERLEADING CLINIC!

FCA Gems is an allstar cheerleading program entering its 14th competitive season. FCA is one of the best cheerleading programs in the state of Pennsylvania and one of the best in the United States. FCA has won numerous national titles and has been ranked as high as fourth in the world.

We offer two different programs so that it is affordable to every family!! Our program has a unique theme. We are the FCA Gems and have several different teams at different age and ability level. Every team is a different gemstone:

Cubic Zirconium (known as CZ's): Ages 3 1/2 - 5

FULL YEAR TEAMS: Pink Ice, Emeralds, Turquoise, Sapphires, Citrines, Rubies, Onyx and Diamonds,

HALF YEAR TEAMS: Amethyst, Garnet, Topaz

We would like to invite you to our gym for a free cheerleading clinic. This is a great opportunity to see the facility, meet the coaches and try out this exciting, growing sport. This is open to all girls and boys ranging from age 3-18! Any ability level is welcome from beginners to experienced cheerleaders.

TIMES/DAYS

Plan to come to any one of the below days/times that will work in your schedule:

- ★ **Monday, March 17th**
 - 5:30-6:30 - Amethyst
 - 6:30-7:30 - Garnet
 - 7:30-8:30 - Topaz

- ★ **Tuesday, March 18th**
 - 5:00-6:00 - Pink Ice
 - 6:00-6:45 - CZ's, ages 3-5

- ★ **Wednesday, March 19th**
 - 6:30-8:00 - Sapphires

- ★ **Sunday, April 6th**
 - 1:00-2:30 - Diamonds
 - 1:30-2:30 - Emeralds
 - 2:30-4:00 - Onyx
 - 4:00-5:30 - Turquoise
 - 5:30-6:45 - Rubies
 - 6:45 -8:00 - Citrines

- ★ Participant must have waiver completed to participate
- ★ Bring a water bottle!
- ★ Dress: shorts, t-shirt and clean cheer shoes (if you don't have shoes, socks is fine)

Please complete a waiver to participate in the above events!

Thanks and we can't wait to meet you!

FLO'S GYMNASTICS & FCA

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