

FCA Gems

2013-2014

Information Tryout Packet For Full Year & CZ's

Sarver

Welcome to FCA where every athlete is a Gem!

Thank you for your interest in the FCA Gems Allstar Competitive Cheerleading Program. FCA began in 2000 and we believe we have the best program in the state of PA. Our coaches do a great job of balancing the need for hard work and focus with positive reinforcement. They also strive to be the great role models for the cheerleaders. Our program goal is to build the self esteem and confidence of the cheerleaders and teach them the importance of team work and responsibility. We teach that cheerleading is a team sport in which every member being present at practice helps lead to overall team success. These skills are valuable throughout life and will help them regardless of what they pursue in the future.

Girls and boys at age 3 and up can tryout!!

Don't miss the original tryout dates because once those dates pass, only a very limited amount of spots will be available. Those limited spots usually have a required skill or position to join the team(s).

FCA Gems

2013-2014 Program Rules

- The Policy Book, which provides more specific details about the program and additional rules, will be posted on our website at <http://fcaforms.flogymnastics.com/>. Reading it is not optional but required.
- It is the parent's responsibility to know what is going on with your squad. You must check the website and your email on a regular basis.
- NO GOSSIP about any other team (all star or school), NO GOSSIP about a child on your team or another team. NO GOSSIP about coaches and staff. It is much better to address a problem than to listen to idle gossip!
- Anyone threatening to quit or to pull their child from a squad will be dismissed from the program immediately.
- No profanity or abusive language. We are a "G" rated gym!
- You must arrive at all practices, competitions or any scheduled event on time. Punctuality is a MUST!
- It is your responsibility to wear the appropriate practice clothing to every practice.
- Never post any negative comments about FCA or any other cheerleading program or individual on any websites (including your own Facebook page, Twitter, Fierce Boards...) or chat rooms!
- Every year we go through losses and additions of team members. The dismissal/addition of a team member is solely the coach's decision.
- No one is permitted to yell onto the floor at any time!
- Although not likely, practices may be changed or added at any time during the season.
- The coaches reserve the right to close practices at ANY time for ANY reason!
- Each team will be assigned teams to watch and cheer on at competitions. We would love to have everyone there all day, but at the very least, you are obligated to watch your assigned teams.
- There will be no arguing with or questioning the coaching staff about their decisions at practice or competitions.
- FCA cheerleaders and their family members and friends will show good sportsmanship at all times.
- FCA cheerleaders/families are not permitted to contact cheerleading companies or vendors for any reason.
- All FCA clothing must be purchased through the gym. You are not permitted to make your own or order on your own using anything that would represent the gym in any way, shape or form. This includes the use of "gems", or any gemstone name....

**GOOD SPORTSMANSHIP, POLITE MANNERS AND RESPECT ARE MANDATORY
AT ALL COMPETITIONS AND PRACTICES!
NO GOSSIPING!**

PROGRAM COSTS

We want you to know exactly what this will cost. We have listed all required expenses. We also have fund raising opportunities available. This is the tryout packet for the Full Year Program. Half Year is also listed here in case you are not ready to commit to the Full Year Program at this time. CZ's details are also listed here.

We have three all star cheerleading programs here at FCA:

1) Full Year Cheer Program – 12 month program

- Practice two times/week monthly tuition \$101-\$141 (with a \$10 discount for early payment)
- 6 local one day competitions & 3 out-of-town competitions (Worlds teams travel more)
- USASF Membership - \$25 (Worlds teams)
- Uniforms – \$420 estimate (This does not include shoes.)
- Make up \$58 (new make up this season)
- Practice Clothing - \$TBD (new camp gear this season)
- Worlds' Teams will get new camp gear for Worlds
- Choreography / team - \$110-250 (depending on team)
- Music / team - \$40-60
- Competition Fees – will be determined after schedule is set and as soon as the information is available. (For the 2012-2013 season, the fees were \$870 for a cheerleader on one team)

2) Half Year Cheer Program (Prep Teams) – 7 month program

- Practices & Competition Season: August –April
- Cheer practice one hour/week and tumbling 1/2 hour/week on Mondays - monthly tuition \$86.00 (\$10 discount if you pay on or before the 1st monthly)
- 3 local one day competitions & 1 out-of-town two day competition (Columbus, OH)
- Uniforms - \$250 estimate (This does not include shoes.)
- Practice Clothing \$42 (black "I <3 FCA" camp gear)
- Choreography / team - no more than \$175/athlete
- Music – \$35-50
- Make up \$58 (new make up this season)
- Competition Fees – will be determined after schedule is set and as soon as the information is available. (For the 2012-2013 season, fees were \$321 for a cheerleader on one team)

3) CZ's Prep Program and/or CZ's Full Year – ages 3-5

- Practices & Competition Season: June–April monthly
- Prep Cheer practice 45 minutes/week and tumbling 1/2 hour/week. Monthly tuition \$66.00 (\$10 discount if you pay on or before the 1st monthly)
CZ Full Year two times/week monthly tuition \$76.00 (\$10 discount if you pay on or before the 1st monthly)
- 4 local (prep) one day competitions or 5 local (Full Yr) & 1 out-of-town national competition (Columbus, OH)
- Uniforms - \$200 estimate (This does not include shoes.)
- Practice Clothing \$TBD
- Music – between \$10-40
- Makeup and hair \$76
- Competition Fees – will be determined after schedule is set and as soon as the information is available. (For the 2012-2013 season, fees were \$385.)

NOTE: All information above is accurate based on the current pricing information we have available. All prices are our good faith estimates and subject to change.

ADDITIONAL COSTS

Competition Travel – It is the responsibility of the parents to ensure the cheerleader is present at the posted time for out of town competitions. The method of transportation (flying, driving, etc..) is completely up to the parent. For some out of town competitions, you are required to stay at the team hotel due to new rules by the event producers and at others you are permitted to stay at any hotel. The exact details will be posted on the website.

REFUNDS WILL NOT BE ISSUED DUE TO SOMEONE QUITTING OR BEING REMOVED FROM A TEAM!

FCA COMPETITIVE CHEERLEADING TRYOUTS FOR SARVER

~Sarver~

(724) 353-9000

www.FlosGymnastics.com

The #1 cheerleading program in PA is right here in your area!!

If you are interested in competitive cheerleading, FCA is the place to train.

We will be having an informational meeting on:

Sunday, 4/21 at 4:00

Please review the following to determine what level you will attend for tryouts. Your child must meet the level requirements for tumbling in order to come to that level tryout.

Please note that tumbling is not the only criteria used to determine team placements.

LEVEL	TUMBLING REQUIREMENTS
1	Only for ages 8 and under - No tumbling necessary
2/4.2	Ages 9 and up Single Standing Back Handspring AND Round-off 3 Back Handsprings <i>*If you do not have the above tumbling requirements for Level 2/4.2, please attend this level at tryouts.</i>
3	Ages 9 and up Single Toe Touch Double Back Handspring AND solid Round-off Back Handspring Back Tuck or solid Round-off Tuck
4	Ages 9 and up Solid Standing Tuck AND Single Toe Touch, Back Handspring Tuck AND solid Round-off Back Handspring Layout
Restricted 5	Ages 9 and up Solid Toe Touch Standing Tuck AND 2-Back Handsprings Layout AND solid Round-off Back Handspring Full
5	Ages 9 and up Solid Triple Toe Standing Tuck AND solid 2-Back Handsprings Full AND solid Round-off Back Handspring Full/Double

For tryouts you will need the following:

SARVER:

Tryout fee \$50 (made payable to Flo's Gymnastics) A \$25 discount if turned in on or before 5/5/13 with all required paperwork.

_____ Completed tryout packet

_____ Copy of Birth Certificate (those new to FCA)

_____ Picture (head shot of cheerleader-those new to FCA)

Tryout packets are available online at www.FlosGymnastics.com/fca/.

1) TRYOUTS BY LEVEL ~ SARVER

Schedule and Age/Skill Requirements

Athletes are to arrive 15 minutes early to check in and get their tryout number.

Tuesday, 5/7/13

Level 2/4.2	5:00-7:00
Level 5	7:00-9:00

Wednesday, 5/8/13

Level 4	5:00-7:00
Restricted Level 5	7:00-9:00

Thursday, 5/9/13

Level 1	5:00-5:45
Level 3	5:00-7:00
Level 5	7:00-9:00

2) INDIVIDUAL TRYOUTS ~ SARVER

Saturday, 5/11/13

All athletes are to arrive 15 minutes early to check in and receive a new sticker with their tryout number on it.

Level 1 (ages 8 and under)	10:00-10:30
Level 2	10:30-11:30
Level 3	11:30-12:30
Level 4	12:30-1:30
Restricted Level 5	1:30-2:30
Level 5	2:30-3:30

Tryout numbers will be posted on the website after Individual Tryouts.

3.) TEAM TRYOUTS ~ SARVER

May 14-16, 2013

5:00-9:00 PM

Each team will have a team tryout at some point during the days listed above. Times will be posted on the website. Individuals may be posted on more than one team. If so, please plan to come to both tryouts. This is not because you are necessarily a crossover.

4) IMPORTANT THINGS TO REMEMBER

Teams are very tentative and significant changes can and probably will occur throughout the tryout process, including during and after team tryouts. Tryout numbers will be posted on the website.

Teams may not be finalized until camp.

There will be very limited spots available after Individual Tryouts!!
Don't miss out – attend tryouts!

FCA – TWO GREAT LOCATIONS!

Sarver Location:
732 Ekastown Road
Sarver 16055

Shaler Location:
3812 William Flynn Highway
Hampton 15101

(724) 353-9000

2013-2014 FCA COMPETITION SCHEDULE

Tentative – subject to changes

Full Year Competition Calendar

October – if one is available, we may go!	
Saturday, November 9 or 16, 2013 Mega Jam Pittsburgh, PA	(date not firm)
Sunday, November 17, 2013 WSF Pittsburgh - Convention Center	
Saturday, Nov 30 or Sunday Dec 1 Elite Cheerleading-Battle in the Burgh	
Saturday or Sunday, December 7/8 or 14/15 Cheersport – Pittsburgh Peterson Events Center	(date not firm)
Saturday, January 11, 2014 Coastal Steeltown Regional Robert Morris University	
January 18-19, 2014 Jamfest Super Nationals – Indianapolis, IN	All teams must be in Indy Friday by 7:00 pm. Worlds' teams may practice starting as early as 7:00 pm
Saturday & Sunday, February 8 & 9, 2014 Live! David L Lawrence Convention Center	This is a 2-day event, each team competing on only one day. (There will be no practice on Sunday.)
February 14-16, 2014 Cheersport Nationals - Atlanta, GA	All teams must be in Atlanta Friday prepared and ready to practice at 6:00 pm. You may or may not practice Friday night.
Saturday & Sunday, March 1 & 2, 2013 NCA Nationals Dallas Convention Center -- Dallas, TX	Worlds Teams Only!
Saturday, March 22, 2013 Encore Pittsburgh, PA	
March 28-30, 2013 Cheer Power Nationals – Columbus, OH	Level 1 teams compete Friday. Level 1 plan to be there on Friday at 3:00 p.m. All other levels will be posted closer to the event for when you need to be in Columbus.
April 25-28, 2014 The Cheerleading Worlds	Level 5 Worlds Teams only. We will be taking teams that earn paid or at-large bids.
May 3-4, 2014 The Summit Orlando, FL At-Large and Paid Bid Winners	We will be taking teams that earn bids. If for some reason you are not able to attend, please let us know and we can possibly make arrangements to replace your child. However, the team will be attending the event. This is not an optional event nor will it be up for a vote. We will be attending this event.

Half Year Prep Competition Calendar - 3 locals & 1 National

Saturday or Sunday, December 7/8 or 14/15 Cheersport – Pittsburgh Peterson Events Center	
Saturday, January 11, 2014 Coastal Steeltown Regional Robert Morris University	
Saturday & Sunday, February 8 & 9, 2014 Live! David L Lawrence Convention Center	This is a 2-day event, each team competing on only one day.
March 28-30, 2013 Cheer Power Nationals – Columbus, OH	Level 1 teams compete Friday. Level 1 plan to be there on Friday at 3:00 p.m. All other levels will be posted closer to the event for when you need to be in Columbus. All Prep teams will compete one day only.

CZ's Full Year Competition Calendar - 5 locals & 1 National

Sunday, November 17, 2013 WSF Pittsburgh - Convention Center	
Saturday or Sunday, December 7/8 or 14/15 Cheersport – Pittsburgh Peterson Events Center	
Saturday, January 11, 2014 Coastal Steeltown Regional Robert Morris University	
Saturday & Sunday, February 8 & 9, 2014 Live! David L Lawrence Convention Center	This is a 2-day event, each team competing on only one day.
Saturday, March 22, 2013 Encore Pittsburgh, PA	
March 28-30, 2013 Cheer Power Nationals – Columbus, OH	Level 1 teams compete Friday. Level 1 plan to be in Columbus on Friday at 3:00 p.m.

CZ's Prep Competition Calendar - 4 locals & 1 National

Sunday, November 17, 2013 WSF Pittsburgh - Convention Center	
Saturday or Sunday, December 7/8 or 14/15 Cheersport – Pittsburgh Peterson Events Center	
Saturday, January 11, 2014 Coastal Steeltown Regional Robert Morris University	
Saturday & Sunday, February 8 & 9, 2014 Live! David L Lawrence Convention Center	
March 28-30, 2013 Cheer Power Nationals – Columbus, OH	Level 1 teams compete Friday. Level 1 plan to be in Columbus on Friday at 3:00 p.m. All Prep teams will compete one day only.

TRYOUT CHECK LIST

~ SARVER ~

The selection of teams is a very tedious and often complicated process. Our teams are designed to allow the team to be competitive at a given level. Many key elements are considered in our decisions because, just like any team sport, a good team is comprised of individuals with different strong points because a mix of skills is needed to help ensure team success. Therefore, it is essential to choose a well-rounded variety of individuals for each team. We do not have a team at every skill level for every age group. Therefore, a child may not go on a team that matches their exact tumbling level. However, again, please remember that tumbling is not the only important aspect in cheerleading and cheerleaders will continue to learn and progress regardless of which team they are a member.

TRYOUTS ARE CLOSED TO PARENTS AND SPECTATORS!

Please make sure you have all of the following items completed and turn them all in at the same time!

SARVER:

Tryout fee \$50 (discounted to \$25 if paid on or before 5/5/13 with all required (*) paperwork submitted:

	* Please make tryout checks payable to Flo's Gymnastics
	*Tryout Skill Form
	*Completed 2013-2014 waiver (one/family)
	*Copy of Birth Certificate (new cheerleaders only)
	*Picture (head shot of cheerleader-new FCA cheerleaders only)
	*Financial Commitment Form (turn in ONE for each athlete according to which program they will be participating) 1) Full Year Financial Commitment 2) CZ Prep Financial Commitment 3) CZ Full Year Financial Commitment
	*Parent Code of Conduct Form (one/family)
	*Athlete Code of Conduct Form (one/athlete)

Please make checks payable to Flo's Gymnastics.

Tryout fees will not be accepted without completed forms.

Please do not include any other amounts on this check.

**FCA Gems
TRYOUT SKILL FORM
~ SARVER ~
2013-2014**

Cheerleader
Name: _____
Age as of
8/31/13: _____
Date of Birth: _____
Grade 2013-14: _____

Attach
Photo Here
(New Gems only)

Have you cheered before? Yes No If yes, where? _____
After reviewing the "FCA TRYOUT SKILL REQUIREMENTS"
page, please circle which level you plan to attend for tryouts: 1 2 3 4 4.2 5

LEVEL	FCA TRYOUT SKILL REQUIREMENTS
1	Only for ages 8 and under - No tumbling necessary
2/4.2	Ages 9 and up - Single Standing Back Handspring AND Round-off 1 Back Handspring <i>*If you do not have the above tumbling requirements for Level 2/4.2, please attend this level at tryouts, but athletes w/o the above skills may or may not be placed on a full year team.</i>
3	Ages 9 and up Single Toe Touch Double Back Handspring AND solid Round-off Back Handspring Back Tuck or solid Round-off Tuck
4	Ages 9 and up Solid Standing Tuck AND Single Toe Touch, Back Handspring Tuck AND solid Round-off Back Handspring Layout
Restricted 5	Ages 9 and up Solid Toe Touch Standing Tuck AND 2-Back Handsprings Layout AND solid Round-off Back Handspring Full
5	Ages 9 and up Solid Triple Toe Standing Tuck AND solid 2-Back Handsprings Full AND solid Round-off Back Handspring Specialty to a Full OR a Round-off BHS Double

At which stunt position do you have experience: **NONE FLYER BASE BACKSPOT**

Check your most advanced stunting skill level:

- Level 1 (No experience or Level 1 stunt preps)
 Level 2 (Ex. Preps, extensions, straight cradle dismounts, basket tosses)
 Level 3 (Ex. Extended one-legged stunts, full twisting two-legged dismounts, single trick basket tosses)
 Level 4 (Ex. Extended one-legged stunts, double twisting two-legged dismounts, kick-full baskets tosses)
 Level 5 (Ex. Double twisting one-legged dismounts, double twisting basket tosses, full-ups)

Are you willing to crossover? Yes No

What are your strengths? _____

What would be your best contribution as a team member? _____

FOR STAFF USE ONLY

Tryout #

Standing Tumbling	Running Tumbling	Jumps/Motions	Stunts/Flexibility

Team 1 _____ Team 2 _____

Flo's Gymnastics Plus, Inc. & FCA

(Please print first and last name of student)

2013-2014 Waiver

	First & Last Name of Student(s)	Gender	School District	Grade 2013-14	Athlete's Cell Phone #	Date of Birth:
#1:		F M			()	/ /
#2:		F M			()	/ /
#3:		F M			()	/ /
#4:		F M			()	/ /

Do and of the above students have any medical condition to which we should be alerted? Y N

If YES, please explain who and what: _____

Are the students above covered by health insurance? Y N

_____ I/we declare that the above student(s) have been seen by a registered physician within the past six-
 twelve months and has been cleared to participate in physical activity including gymnastics,
 tumbling or cheerleading.
 Initials

	MOTHER'S NAME	FATHER'S NAME
First/Last Name		
Address		
City, State, Zip		
Home Phone	()	()
Cell Phone	()	()
Occupation		
Work Phone	May we call you at work? Yes No	May we call you at work? Yes No
Email (required)		
	Email address should be checked regularly and in working order!	
Emergency Contact	Name: _____	
(Other than parent)	Relationship to student: _____	Phone: () _____

Legal Guardian: _____Mother _____Father _____Both _____Other, please state

Please read and sign the back of this form.

WAIVER AND RELEASE OF LIABILITY

DISCLAIMER: Flo's Gymnastics Plus, Inc. is not responsible for any injuries, illnesses, (or loss of property) to any person while practicing, training, taking class, competing, participating in open gym, special events, recitals, demonstrations, shows, or in any other way involved in gymnastics, cheerleading, preschool, birthday parties, or sleep-overs at Flo's Gymnastics Plus, Inc. and Cheerleading Academy (FCA) for any reason what so ever, including ordinary negligence on the part of Flo's Gymnastics Plus, Inc. its owners, officers, agents, volunteers or employees.

In consideration of my participation, **I hereby release and covenant not-to-sue** Flo's Gymnastics Plus, Inc. the Flo's Gymnastics Plus, Inc. Board of Directors and Officers, the Flo's Cheerleading Academy Parent Organization (FCAPO), and any of their employees, teachers, coaches, or agents, volunteers **from any and all present and future claims resulting from ordinary negligence on the part of Flo's Gymnastics Plus, Inc.** or others listed for property damage, personal injury, or wrongful death, arising as a result of my engaging in or receiving instruction in gymnastics, cheerleading or any other activities or any activities incidental thereto, wherever, whenever, or however the same may occur. **I hereby voluntarily waive any and all claims resulting from ordinary negligence**, both present and future, which may be made by me, my family, estate, heirs or assigns.

Further, I am aware that gymnastics and cheerleading are vigorous sporting activities involving height and rotation in a unique environment and as such they pose a risk of injury. I understand that gymnastics, cheerleading and related activities always involve certain risks, including but not limited to death, serious neck and spinal injuries resulting in complete or partial paralysis, brain damage, and serious injury to virtually all bones, joints, muscles, and internal organs, and that the mats and other safety equipment such as Air Trak and Tumbl Trak and apparatus provided for my protection, including the active participation of a coach or teacher who will spot or assist in the performance of certain skills, may be inadequate to prevent serious injury. The risk of harm may be limited by all of the safety equipment and trained coaches, but never, eliminated. I understand that participation in gymnastics, cheerleading, and related activities involves activities incidental to active participation in gymnastics, including moving from event to event, conditioning, stretching and other activities which may leave me vulnerable to the reckless actions of other participants who may not have complete control over their actions or who may not see other students in the gym. I am voluntarily participating in this activity with knowledge of the risks involved and hereby agree to accept any and all inherent risks of property damage, personal injury, or death.

I further agree to indemnify and hold harmless Flo's Gymnastics Plus, Inc. and Flo's Cheerleading Academy (FCA) and all others listed for any and all claims resulting of my engaging in or receiving instruction in Flo's Gymnastics Plus, Inc. and Flo's Cheerleading Academy (FCA) activities or any activities incidental thereto, whenever, wherever, or however the same may occur.

I understand that this waiver is intended to be as broad and as inclusive as permitted by the laws of the state of Pennsylvania and agree that if any portion is held invalid, the remainder of the waiver will continue in full legal force and effect. I further agree that the venue for any legal proceedings shall be within the state of Pennsylvania.

I affirm that I am of legal age and am freely signing this agreement. I have read this form and fully understand that by signing this form, I am giving up legal rights and or remedies which may be available to me for the ordinary negligence of Flo's Gymnastics Plus, Inc. and Flo's Cheerleading Academy (FCA) or any person listed above. As a legal guardian, I hereby agree to individually provide for any possible future medical expenses, which may be incurred by my child as a result of any injury sustained while training at or performing at or for Flo's Gymnastics Plus, Inc. and Cheerleading Academy (FCA).

I understand that my child is covered under my own family's medical insurance coverage and that if I do not carry or have medical coverage, I am completely responsible for all medical bills.

I further understand that Flo's Gymnastics Plus, Inc. and Flo's Cheerleading Academy (FCA) may take and use photographs of my family members during class, recitals, parties, and competitions for commercial purposes without further compensation to my child or myself.

I have read and understand the policies regarding tuition payment, service charges, registration fees, refunds, withdrawals, make-ups and discounts.

Please print student name(s):

	Student First & Last Name	Date
#1		
#2		
#3		
#4		

_____ (Please initial) -- I realize that I am enrolling my child from today's date until 5/31/14. I understand that a letter is required to withdraw my child(ren). Refunds are not given once a month has started.

Signature of Parent or Legal Guardian

/ /

Date

Signature of Athlete if over 18

/ /

Date

FCA Gems and Flo's Gymnastics, Inc.
2013-14 FINANCIAL COMMITMENT FORM FOR FULL YEAR

The standard, required payments that must be in the cheerleader's FCA account by the posted date are listed below. This does not include additional items you choose to purchase throughout the year. **If the account does not contain the required funds on the date posted, the cheerleader will be benched until the account contains the required amount.** As of right now, we do not have all of the pricing. This form will be posted on the website with the prices at a later date (competition companies do not have all pricing available until late spring).

Payment #1 – Due first practice

Camp Gear – \$75/set (estimate)

Payment #2 – Due June 15th

Uniform Deposit -- \$200 per team

Choreography Camp -- \$250

Payment #3 – Due July 15th

Uniform Balance (see FCA account)

Makeup - \$58.00

Music \$45 (Worlds' \$50)

Payment #4 – Due August 15th

USASF Membership Fee-Worlds Teams

Competition Fee #1 (will be posted)

Payment #5 – Due October 15th

Competition Fee #2 (will be posted)

Payment #6 – Due December 15th

Competition Fee #3 (will be posted)

**All Level 5 Worlds teams will have World camp gear to purchase and a Worlds package and/or airfare.*

**All Summit bid winner teams will have summit package and/or airfare.*

In addition to the above payments, monthly tuition is to be paid on time. **Tuition is due the 1st of every month and, if not paid by the 15th of the month, the cheerleader will be benched until tuition is paid.**

A cheerleader's FCA Account information is available to view online via a login and password. It is the responsibility of the individual that is financially responsible for the account to monitor that account on an ongoing basis throughout the entire season.

A cheerleader's TUITION account is not available to view online. This is the account that covers tuition and private lessons. Tuition remains the same from month to month and private lessons should be paid for prior to the lesson being conducted. This account must also stay current. If tuition falls behind, the cheerleader will not be permitted to take private lessons.

FCA Gems and Flo's Gymnastics, Inc.
2013-14 FINANCIAL COMMITMENT FORM

I acknowledge that I am the individual financially responsible for this cheerleader's account and my signature below acknowledges that I have read and agree to comply with the payment responsibilities outlined above. I understand that I am the individual that is considered to be responsible for keeping both accounts current and that if other individuals will also be paying for a portion of the fees, it is my responsibility to ensure they pay and failure on their part of pay will revert to being my responsibility to pay.

Adult Financially Responsible (print name)

Cheerleader (print name)

Adult Financially Responsible (signature)

Date

FCA Gems and Flo's Gymnastics, Inc.
2013-14 FINANCIAL COMMITMENT FORM FOR CZ's Prep

The standard, required payments that must be in the cheerleader's FCA account by the posted date are listed below. This does not include additional items you choose to purchase throughout the year. **If the account does not contain the required funds on the date posted, the cheerleader will be benched until the account contains the required amount.** As of right now, we do not have all of the pricing. This form will be posted on the website with the prices at a later date (competition companies do not have all pricing available until late spring).

Payment #1 – Due June 15th
Uniform Deposit -- \$100
Camp Gear – \$TBD

Payment #3 – Due August 15th
Music - TBD
Competition Fee #1 *(will be posted)*

Payment #2 – Due July 15th
Uniform Balance
Hair - \$18.00
Makeup - \$58.00

Payment #4 – Due October 15th
Competition Fee #2 *(will be posted)*

Payment #5 – Due December 15th
Competition Fee #3 *(will be posted)*

In addition to the above payments, monthly tuition is to be paid on time. **Tuition is due the 1st of every month and, if not paid by the 15th of the month, the cheerleader will be benched until tuition is paid.**

A cheerleader's FCA Account information is available to view online via a login and password. It is the responsibility of the individual that is financially responsible for the account to monitor that account on an ongoing basis throughout the entire season.

A cheerleader's TUITION account is not available to view online. This is the account that covers tuition and private lessons. Tuition remains the same from month to month and private lessons should be paid for prior to the lesson being conducted. This account must also stay current. If tuition falls behind, the cheerleader will not be permitted to take private lessons.

FCA Gems and Flo's Gymnastics, Inc.
2013-14 FINANCIAL COMMITMENT FORM

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Adult Financially Responsible (print name)

Cheerleader (print name)

Adult Financially Responsible (signature)

Date

FCA Gems and Flo's Gymnastics, Inc.
2013-14 FINANCIAL COMMITMENT FORM FOR CZ's Full Year

The standard, required payments that must be in the cheerleader's FCA account by the posted date are listed below. This does not include additional items you choose to purchase throughout the year. **If the account does not contain the required funds on the date posted, the cheerleader will be benched until the account contains the required amount.** As of right now, we do not have all of the pricing. This form will be posted on the website with the prices at a later date (competition companies do not have all pricing available until late spring).

Payment #1 – Due June 15th
Uniform Deposit -- \$100
Camp Gear – \$TBD

Payment #3 – Due August 15th
Music - TBD
Competition Fee #1 *(will be posted)*

Payment #2 – Due July 15th
Uniform Balance
Hair - \$18.00
Makeup - \$58.00

Payment #4 – Due October 15th
Competition Fee #2 *(will be posted)*

Payment #5 – Due December 15th
Competition Fee #3 *(will be posted)*

In addition to the above payments, monthly tuition is to be paid on time. **Tuition is due the 1st of every month and, if not paid by the 15th of the month, the cheerleader will be benched until tuition is paid.**

A cheerleader's FCA Account information is available to view online via a login and password. It is the responsibility of the individual that is financially responsible for the account to monitor that account on an ongoing basis throughout the entire season.

A cheerleader's TUITION account is not available to view online. This is the account that covers tuition and private lessons. Tuition remains the same from month to month and private lessons should be paid for prior to the lesson being conducted. This account must also stay current. If tuition falls behind, the cheerleader will not be permitted to take private lessons.

FCA Gems and Flo's Gymnastics, Inc.
2013-14 FINANCIAL COMMITMENT FORM

I acknowledge that I am the individual financially responsible for this cheerleader's account and my signature below acknowledges that I have read and agree to comply with the payment responsibilities outlined above. I understand that I am the individual that is considered to be responsible for keeping both accounts current and that if other individuals will also be paying for a portion of the fees, it is my responsibility to ensure they pay and failure on their part of pay will revert to being my responsibility to pay.

Adult Financially Responsible (print name)

Cheerleader (print name)

Adult Financially Responsible (signature)

Date

FCA GEMS
2013-2014 PARENT/GUARDIAN CODE OF CONDUCT

For the 2013-2014 season, FCA is making a very strong effort to create a positive and encouraging environment for all athletes. The parent/guardian code of conduct has been created to ask parents to be active partners in helping the management and staff of FCA to succeed in these efforts. We ask all of you to join us in making the 2013-2014 season the best ever at FCA!

Please initial ALL:

_____ I will support and encourage all FCA athletes at all practices and competitions.

_____ I will publically support all of the FCA athletes, staff members and coaches.

_____ I understand that I can voice any frustrations or concerns to Flo via email or phone following the 24 hour policy. I will respect any decisions that are made by FCA staff and management that may result from discussions about my frustrations or concerns.

_____ I will abide by all gym policies. I understand that any violations of the gym policies may result from my athlete being removed from the FCA program.

_____ I understand that violent or aggressive behavior towards any athletes, parents, coaches or FCA staff will result in permanent removal from the facility and possible contacting of authorities depending on the nature of the incident.

_____ I will show good sportsmanship by cheering on all of the squads that compete against FCA.

_____ I will not speak negative of athletes, parents, coaches or FCA staff on any social network sites (Facebook, Twitter, etc.)

_____ I understand that this is a team sport and that all FCA squads either succeed or fail as a team. Win or lose, I will recognize all of the hard work that the athletes and coaches put in to preparing for competitions.

_____ I will remain in public areas of the training center. I will not enter any of the athlete training areas without being escorted by a member of the FCA staff; this includes approaching a staff member regarding classes or private lessons while they are in or in between classes.

_____ I have read the guidelines of this code of conduct. I understand that any violation of this code of conduct could result in disciplinary action. This could include my child being suspended or dismissed from the program, and forfeiture of any fees already paid.

Print child's name(s)

Parent/Guardian Signature

Date

FCA GEMS
2013-2014 ATHLETE CODE OF CONDUCT

Please initial ALL:

_____ I understand that safety is the highest priority at FCA. I will take every possible action to ensure my safety and the safety of others in the training facility.

_____ I will come to every practice in the proper practice attire and ready to practice on time.

_____ I will come to every practice and competition with a positive and good attitude.

_____ I will give my best effort at every practice and every competition.

_____ I will be respectful to all athletes and coaches. I will not say any negative comments about any of my team members, FCA athletes or any FCA coach.

_____ I will do my best to support all of the athletes at FCA by being positive and encouraging them to do their best.

_____ I will be respectful of all the other teams and athletes that we compete against. I understand that I represent FCA, my team and myself at all competitions.

_____ I will not speak negative of athletes, coaches, parents, FCA staff members on any social network (Facebook, Twitter, etc...)

_____ I have read the guidelines of this code of conduct. I understand that any violation of this code of conduct could result in disciplinary action. This could include my child being suspended or dismissed from the program, and forfeiture of any fees already paid.

Print athlete's name

Sign your name

Date

Your parent/guardian signature

Date