

FCA Gems Open House

FLO'S GYMNASTICS & FCA
732 Ekastown Road, Sarver, PA 16055
<http://www.FlosGymnastics.com>
(724) 353-9000

This is a great opportunity to see the facility, meet the coaches and try out this exciting, growing sport. This is open to all girls and boys from ages 4 and up! Any ability level is welcome at Open House from beginners to advanced.

FCA Gems is an allstar cheer program entering its 15th competitive season and is one of the best cheerleading programs in the state of Pennsylvania and in the United States. FCA has won numerous national titles and has been ranked as high as fourth in the world.

We have many different teams at various age and ability levels. Come check out our facility and program and see that this is the right place for you! We would love for you to be a 'gem'.

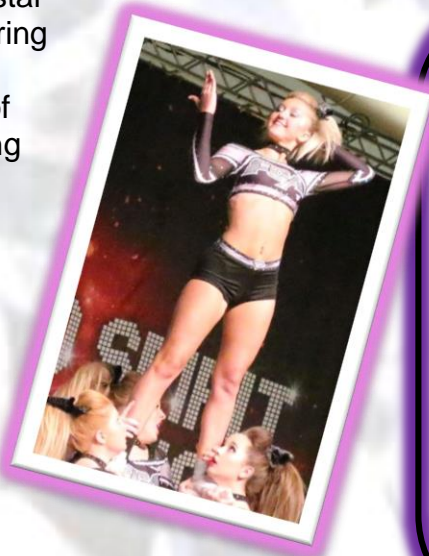
We offer two different programs so that it is affordable to every family!!

Full Year tryouts are in MAY and our tryout and pricing information is available on the tryout page of our website.

- ★ Participant must have waiver (on back) completed to participate at Open House
- ★ Bring a water bottle!
- ★ Dress: shorts, t-shirt and clean cheer shoes (if you don't have shoes, socks will be fine)

We would like to invite you to our gym for a free open house on April 11th from 1:00 – 3:00 pm!

Come tumble, stunt and meet our outstanding staff and cheerleaders!



Flo's Gymnastics Plus, Inc.

732 Ekastown Road
Sarver, PA 16055
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PARENT NAME		STUDENT(S) NAME	
First Name		First Name	
Last Name		Last Name	
Address		DOB/Grade	
City, Zip			
Home Phone		First Name	
Cell Phone		Last Name	
Email		DOB/Grade	

Legal Guardian: Mother Father Both Grandparent

CHEERLEADERS: PLEASE BRING CLEAN SHOES WITH YOU TO CHANGE INTO!

WAIVER AND RELEASE OF LIABILITY

DISCLAIMER: Flo's Gymnastics Plus, Inc. is not responsible for any injuries, illnesses, (or loss of property) to any person while practicing, training, taking class, competing, participating in open gym, special events, recitals, demonstrations, shows, or in any other way involved in gymnastics, cheerleading, preschool, birthday parties, or sleep-overs at Flo's Gymnastics Plus, Inc. and Cheerleading Academy (FCA) for any reason what so ever, including ordinary negligence on the part of Flo's Gymnastics Plus, Inc. its owners, officers, agents, volunteers or employees.

In consideration of my participation, **I hereby release and covenant not-to-sue** Flo's Gymnastics Plus, Inc. the Flo's Gymnastics Plus, Inc. Board of Directors and Officers, the Flo's Cheerleading Academy Parent Organization (FCAPO), and any of their employees, teachers, coaches, or agents, volunteers **from any and all present and future claims resulting from ordinary negligence on the part of Flo's Gymnastics Plus, Inc.** or others listed for property damage, personal injury, or wrongful death, arising as a result of my engaging in or receiving instruction in gymnastics, cheerleading or any other activities or any activities incidental thereto, wherever, whenever, or however the same may occur. **I hereby voluntarily waive any and all claims resulting from ordinary negligence**, both present and future, which may be made by me, my family, estate, heirs or assigns.

Further, I am aware that gymnastics and cheerleading are vigorous sporting activities involving height and rotation in a unique environment and as such they pose a risk of injury. I understand that gymnastics, cheerleading and related activities always involve certain risks, including but not limited to death, serious neck and spinal injuries resulting in complete or partial paralysis, brain damage, and serious injury to virtually all bones, joints, muscles, and internal organs, and that the mats and other safety equipment such as Air Trak and Tumbler Trak and apparatus provided for my protection, including the active participation of a coach or teacher who will spot or assist in the performance of certain skills, may be inadequate to prevent serious injury. The risk of harm may be limited by all of the safety equipment and trained coaches, **but never**, eliminated. I understand that participation in gymnastics, cheerleading, and related activities involves activities incidental to active participation in gymnastics, including moving from event to event, conditioning, stretching and other activities which may leave me vulnerable to the reckless actions of other participants who may not have complete control over their actions or who may not see other students in the gym. I am voluntarily participating in this activity with knowledge of the risks involved and hereby agree to accept any and all inherent risks of property damage, personal injury, or death.

I further agree to indemnify and hold harmless Flo's Gymnastics Plus, Inc. and Flo's Cheerleading Academy (FCA) and all others listed for any and all claims resulting of my engaging in or receiving instruction in Flo's Gymnastics Plus, Inc. and Flo's Cheerleading Academy (FCA) activities or any activities incidental thereto, whenever, wherever, or however the same may occur.

I understand that this waiver is intended to be as broad and as inclusive as permitted by the laws of the state of Pennsylvania and agree that if any portion is held invalid, the remainder of the waiver will continue in full legal force and effect. I further agree that the venue for any legal proceedings shall be within the state of Pennsylvania.

I affirm that I am of legal age and am freely signing this agreement. I have read this form and fully understand that by signing this form, I am giving up legal rights and or remedies which may be available to me for the ordinary negligence of Flo's Gymnastics Plus, Inc. and Flo's Cheerleading Academy (FCA) or any person listed above. As a legal guardian, I hereby agree to individually provide for any possible future medical expenses, which may be incurred by my child as a result of any injury sustained while training at or performing at or for Flo's Gymnastics Plus, Inc. and Cheerleading Academy (FCA).

I understand that my child is covered under my own family's medical insurance coverage and that if I do not carry or have medical coverage, I am completely responsible for all medical bills.

I further understand that Flo's Gymnastics Plus, Inc. and Flo's Cheerleading Academy (FCA) may take and use photographs of my family members during class, recitals, parties, and competitions for commercial purposes without further compensation to my child or myself.

I have read and understand the policies regarding tuition payment, service charges, registration fees, refunds, withdrawals, make-ups and discounts.

Signature of Parent or Legal Guardian

Date

Witness to Above Signature

Date